

Greenwich West Children's Centres

Improving the lives of local children and families

Invicta Children's Centre

Invicta Road, Blackheath, London SE3 7HE

Telephone: 020 8465 9785

Email: info@quaggychildrenscentre.org.uk

www.quaggydevelopmenttrust.org

Quaggy Development Trust

Quaggy Children's Centre, Orchard Hill, London SE13 7QZ

Telephone: 020 8465 9785

Email: info@quaggychildrenscentre.org.uk

www.quaggydevelopmenttrust.org

Robert Owen Nursery School and Children's Centre

43 Commerell Street, Greenwich, London SE10 0EA

Telephone: 020 8465 9785

Email: info@robertowen.greenwich.sch.uk

www.robertowenearlyyears.org.uk

Rachel McMillan Nursery School and Children's Centre

McMillan Street, London, SE8 3EH

Telephone: 020 8692 4041

Email: info@quaggychildrenscentre.org.uk

www.quaggydevelopmenttrust.org

Sherington Children's Centre

Sherington Road, Charlton, London SE7 7JW

Telephone: 020 8465 9785

Email: sao@sherington.greenwich.sch.uk

www.sheringtonprimary.co.uk/childrens-centre

The Space

Langhorne House, Springfield Grove, London SE7 7TL

Telephone: 020 8305 3140

Email: info@quaggychildrenscentre.org.uk

www.quaggydevelopmenttrust.org



**Greenwich
West
Children's
Centres**

ROYAL Borough of
GREENWICH

Greenwich West Children's Centres

Improving the lives of local children and families

Summer Term 2018

April to July



**Greenwich
West
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Centres**



Information booklet on services for families

All you need to know about Children's Centre services across Greenwich West including Invicta, Quaggy, Robert Owen, Rachel McMillan and Sherington

ROYAL Borough of
GREENWICH



Some of the Services Explained

Functional Skills

Functional Skills are practical skills in English, Maths and ICT for all learners. Functional Skills provide an individual with essential knowledge, skills and understanding that will enable them to operate confidently, effectively and independently in life and work.

Healthy Start Scheme

All our children's centres promote the Healthy Start Scheme.

If you are pregnant or have a child under 4, the Healthy Start Scheme can help you buy fruit, veg or milk. If you qualify for the scheme, you will be sent vouchers to use in many different shops. You will also get vouchers to swap for free vitamins suitable for mums and children aged 6 months to 5 years.

All our children's centres can help you with:

- Checking to see if you are eligible for the Healthy Start Scheme
- Filling in the Application Form
- Swapping your Healthy Start vitamin vouchers for vitamins
- Using your Healthy Start fruit and veg vouchers in local shops

If you want to know more about Healthy Start ask a member of staff or go to www.healthystart.nhs.uk.

Together for Twos

Did you know that your two year old could be entitled to 15 hours of free early learning a week? This could be with a registered childminder or a Children's Centre, crèche, local nursery or pre-school playgroup. All of these early learning places have qualified staff who are trained to look after children. They are inspected by Ofsted and have been graded by Ofsted as providing good or outstanding learning experiences for children.

Research has shown that good quality early learning and care can expand children's development especially in communication and language, developing their physical skills and socialising with other children and making friends.

Taking a Together for Twos place also helps families, as you can have time for yourself and take advantage of the activities and courses run at your local Children's Centre, for example, courses such as preparing to go back to work, finding out more about child development and first aid. Currently, free Together for Twos places are not available for all families. If you are receiving benefits or on a low income, then you may be entitled.

To find out more about a Together for Twos place come in and visit your nearest GWCC Children's Centre. We currently have vacancies at Quaggy & Invicta Children's Centre. Contact for more information.

English Classes – ESOL

English for speakers of other languages (ESOL). Learning English or improving what you already know is really useful if you want to study, get on in work or learn more about your rights and responsibilities.

Crèches are available for certain activities. Please let the Centre know if you cannot take up a crèche place as providing a crèche is very expensive and if you are not going to attend we can then allocate the space to another child.



GWCC



ROYAL BOROUGH OF GREENWICH

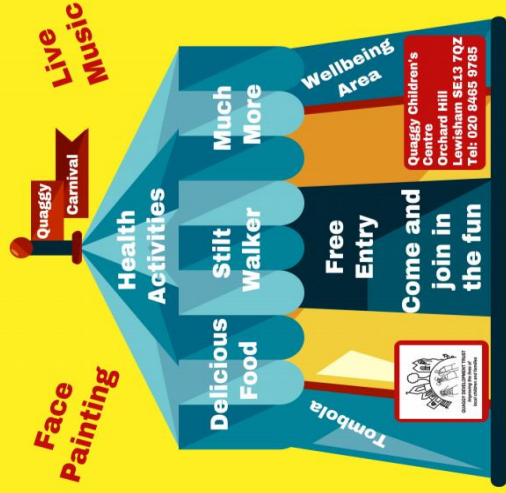
Quaggy Carnival

Everybody Welcome

Saturday 7th July

Parade starts 12.30

Carnival stalls: 1 - 5pm



Quaggy Children's Centre
Orchard Hill
Lewisham SE13 7QZ
Tel: 020 8465 9785

Greenwich West Children's Centres

FUN DAY

Friday 8th June 2017
Greenwich Park Observatory Gardens
11am to 2pm

JUST TURN UP ON THE DAY
BRING A PICNIC

Craft activities, Entertainment, Face Painting,
Giant Soft Play and much, much more!
Come along with your under 5 and enjoy lots of free, fun,
fantastic activities. Contact us for more information.

Observatory Gardens
London SE10 8XJ
For more information
Tel: 020 8465 9785



More Orders Welcome

Quaggy Café

Eat in or Take Away

Serving all day breakfasts, daily specials, lunches, a range of sandwiches and more.

Look out for our themed nights. Children's parties catered for.







1 Copperwood Place, Parkside Square, London SE10 8DX

Call and collect: 020 8691 2494





www.quaggycafe.com

Opening Times	
Monday	8.30 am - 3.30pm
Tuesday	8.30 am - 3.30 pm
Wednesday	8.30 am - 3.30 pm
Thursday	8.30 am - 3.30 pm
Friday	8.30 am - 3.30 pm

Quaggy @ Robert Owen Children's Centre – Timetable Summer Term 2018

Monday	Midwife Ante-natal and post-natal appointments 9.00 – 4.00	Integrated Review 2 year old checks 9.00 – 1.00 By appointment only	Toy Library 9.30 – 11.30 Term time only £1 per session per child annual membership + small hire charges	 @Quaggycc	
Tuesday	Bumps and Babies 9.30 – 11.30 Pregnancy - 18 months (£1 per child per sessions)	New Parents Group 9.30 – 11.30 with Joan Lee Child Psychologist (retired) Share your parenting experiences with other new parents.	Functional Skills 9.30 – 11.30 Term time only Crèche provided Improve your Literacy, Math's & ICT skills Please enquire		Scan for website 
Wednesday	Stay and Play 9.15 – 11.15 Drop in Friendly session with great activities (£1 per child per) Term time only	English Class ESOL 9.30 – 11.30 Term time only English classes for adults with English as second language. Crèche available		Debt Advice Citizens advice 2.30 – 3.30 drop in 3.30 – 4.30 appointment only	 http://goo.gl/xZtBhH
Thursday	Quaggy Counselling 9.00 – 12.00 Booking necessary 020 8465 9785	Baby Music 9.30 – 10.15 Drop-in music session for under 2's Term time only (£1 per child per sessions)	Music Makers 10.30 – 11.30 Drop-in music session for under 5's Term time only (£1 per child per sessions)	Best Beginning Midwife 10.00 – 12.00 Appointment only	Nursery Nurse Advice Session 12.30 – 3.00 Have your baby weighed and talk with the nursery nurse
Friday	For information on all classes, events and activities www.quaggydevelopmenttrust.org				To book places for a course call 020 8465 9785
Address: 43 Commerell St, Greenwich SE10 0EA. Enquiries Telephone 020 8858 0529					


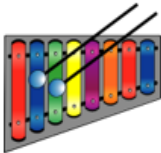







Quaggy Children's Centre – Timetable Summer Term 2018

Monday	English Class 9.45 – 11.45 at HTC (crèche provided) Needs to be booked Term time only	Counselling Service 9.00 – 1.00 & 18.00 – 21.00 Please contact centre for details of how to access this service	Scan for Website 	Young Peoples Group 4.00 – 6.00 Fun group for 8 to 18 year olds @ Holy Trinity Centre	  
Tuesday	Nursery Nurse Advice Session 9.30 – 12.30 Have your baby weighed and talk with the nursery nurse	Counselling Service 10.00 – 1.00 Please contact centre for details of how to access this service	Parent Forum Meeting 11.30 – 12.30 Monthly on 1 st Wednesday of month	Baby Music 2.45 – 3.15 Fun drop-in music session for babies up to 18 months (£1 per session per child) Term time only	Music Makers 3.30 – 4.30 Fun drop-in music session for under 5's (£1 per session per child) Term time only
Wednesday	Stay and Play 9.30 – 11.30 Drop-in session (£1 per session per child)	Lifestyle Group 9.30 – 11.30 Parent's drop-in social group with taster activities and crèche. Term time only. £1 per session	Integrated Review 2 year developmental checks 1.30-4.30 By appointment only	Nourishing Nippers Support with starting your Baby on Solids 1.00 – 3.00 For 5 weeks Starting 18 th April Needs to be booked	Counselling Service 9.00 – 3.00 18.00 – 21.00 Please contact centre for details
Thursday	Midwife Session 9.00 – 5.00 appointment only	Functional Skills 9.30 – 11.30 Learn English and Maths at the HTC. Need to book. Crèche provided Term time only	Older People's Lunch Club 12.00 – 2.00 For over 60's. £4 for a 2 course meal @ Parkside Community Centre	Young People's Group 5.30 – 7.30 Fun group for 8 to 18 year olds @ Parkside Community Centre	Zumba Class 6.30 – 7.30 £4 per session Come and enjoy a lively Zumba class and get fit @ Holy Trinity Centre
Friday	For classes at HTC the address is Holy Trinity Centre Bennett Grove Lewisham SE13 7RF	For information on all classes, events and activities www.quaggydevelopmenttrust.org	Parkside Community Centre Copperwood Place, London SE10 Tel: 020 8465 9785	Breastfeeding Group 12.00 – 2.00 Advice, support and social drop-in group (£2 per session per family) @ Holy Trinity Centre	SATURDAY Dad's Brunch 10.00 – 12.00 3 rd Saturday of month Come and join this friendly group
Address: Quaggy Children's Centre, Orchard Hill, Lewisham, SE13 7QZ. Telephone 020 8465 9785 email: info@quaggychildrenscentre.org.uk					

Quaggy @ Sherington Children's Centre Area – Timetable Summer Term 2018

Address: Sherington Children's Centre, Sherington Rd, Charlton SE7 7JW. Telephone 020 8305 3140			
Monday	<p>Stay and Play at THE SPACE 9.30-11.30 Friendly drop-in session for under 5 (£1 per child per session)</p>	<p>Bumps and Babies Stay and Play 9.30 – 11.30 Pregnancy - 18 months Friendly drop in session. (£1 per child per session)</p>	<p>Stay and Play at THE SPACE 9.30-11.30 Friendly drop-in session for under 5 (£1 per child per session)</p>
Tuesday	<p>Stay and Play at THE SPACE 9.30-11.30 Friendly drop-in session for under 5 (£1 per child per session)</p>	<p>Midwife Session 10.00 – 4.00 Appointment only</p>	<p>Stay and Play at THE SPACE 9.30-11.30 Friendly drop-in session for under 5 (£1 per child per session)</p>
Wednesday	<p>Stay and Play at THE SPACE 9.30 – 11.00 Friendly drop-in session for under 5 (£1 per child per session)</p>	<p>Health Visitor Advice Session 10.00 – 2.00 Appointment only</p>	<p>Stay and Play at THE SPACE 9.30 – 11.00 Friendly drop-in session for under 5 (£1 per child per session)</p>
Thursday	<p>Stay and Play at THE SPACE 9.00 – 11.00 Friendly drop-in session for under 5 (£1 per child per session)</p>	<p>No Rush to MUSH Starting Solids Session Monthly for parents with babies 4 months and over Contact Sherington Children's Centre</p>	<p>Stay and Play at THE SPACE 9.00 – 11.00 Friendly drop-in session for under 5 (£1 per child per session)</p>
Friday	<p>Stay and Play at THE SPACE 9.15 – 10.45 Come and enjoy songs, rhymes and stories and a great craft activity too (£1 per child per session)</p>	<p>The Space Langhorne House Springfield Grove Charlton SE7 7TL</p>	<p>Stay and Play at THE SPACE 9.15 – 10.45 Come and enjoy songs, rhymes and stories and a great craft activity too (£1 per child per session)</p>

Quaggy @ Rachel McMillan Children's Centre – Timetable Summer Term 2018

Monday	<p>Music Makers 11.00 – 12.00 Fun music session for children up to 5 years (£1 per child per session) Term time only</p>			
Tuesday	<p>Stay and Play 9.30 – 11.30 Drop-in session (£1 per child per session) Under 5's</p>			
Wednesday			 <p>https://goo.gl/xZtBhH</p>	
Thursday	<p>Stay and Play 9.30-11.30 Drop-in session (£1 per child per session) Under 5's</p>	 <p>Scan for Scan website</p>	 <p>@Quaggycc</p>	
Friday	<p>For information on all classes, events and activities www.quaggydevelopmenttrust.org</p>			
<p>Address: Rachel McMillan Nursery School and Children's Centre, McMillan Street, Deptford SE8 3EH Bookings Telephone: 020 8465 9785 Enquiries Telephone 020 8465 9785</p>				