





Quaggy Children's Centre – Timetable Summer Term 2018

Monday	English Class 9.45 - 11.45 at HTC (crèche provided) Needs to be booked Term time only	Counselling Service 9.00 – 1.00 & 18.00 – 21.00 Please contact centre for details of how to access this service	Scan for Website 	Young Peoples Group 4.00 - 6.00 Fun group for 8 to 18 year olds @ Holy Trinity Centre	  
Tuesday	Nursery Nurse Advice Session 9.30 – 12.30 Have your baby weighed and talk with the nursery nurse	Counselling Service 10.00 – 1.00 Please contact centre for details of how to access this service	Parent Forum Meeting 11.30 – 12.30 Monthly on 1 st Wednesday of month	Baby Music 2.45 – 3.15 Fun drop-in music session for babies up to 18 months (£1 per session per child) Term time only	Music Makers 3.30 – 4.30 Fun drop-in music session for under 5's (£1 per session per child) Term time only
Wednesday	Stay and Play 9.30 – 11.30 Drop-in session (£1 per session per child)	Lifestyle Group 9.30 – 11.30 Parent's drop-in social group with taster activities and crèche. Term time only. £1 per session	Integrated Review 2 year developmental checks 1.30-4.30 By appointment only	Nourishing Nippers Support with starting your Baby on Solids 1.00 – 3.00 For 5 weeks Starting 18 th April Needs to be booked	Counselling Service 9.00 – 3.00 18.00 – 21.00 Please contact centre for details
Thursday	Midwife Session 9.00 – 5.00 appointment only	Functional Skills 9.30 – 11.30 Learn English and Maths at the HTC. Need to book. Crèche provided Term time only	Older People's Lunch Club 12.00 – 2.00 For over 60's. £4 for a 2 course meal @ Parkside Community Centre	Young People's Group 5.30 – 7.30 Fun group for 8 to 18 year olds @ Parkside Community Centre	Zumba Class 6.30 – 7.30 £4 per session Come and enjoy a lively Zumba class and get fit @ Holy Trinity Centre
Friday	For classes at HTC the address is Holy Trinity Centre Bennett Grove Lewisham SE13 7RF	For information on all classes, events and activities www.quaggydevelopmenttrust.org	Parkside Community Centre Copperwood Place, London SE10 Tel: 020 8465 9785	Breastfeeding Group 12.00 – 2.00 Advice, support and social drop-in group (£2 per session per family) @ Holy Trinity Centre	SATURDAY Dad's Brunch 10.00 – 12.00 3rd Saturday of month Come and join this friendly group
Address: Quaggy Children's Centre, Orchard Hill, Lewisham, SE13 7QZ. Telephone 020 8465 9785 email: info@quaggychildrenscentre.org.uk					