

# Share your birth story



## Birth Stories: Sharing Circle

Meeting for five weeks starting  
Wednesday 15 Jan 2025 1pm - 2.30pm,  
Quaggy at Parkside SE10 8GF

- 🕒 Have you given birth within the last two years?
- 🕒 Was the experience different to how you hoped or expected it to be?
- 🕒 Join our safe, confidential and supportive sharing circle and tell your story, hear from others and heal.

Babies and infants under one year welcome. Greenwich residents only.

To book your place call 0208 465 9785 or email [stacey@quaggychildrenscentre.org.uk](mailto:stacey@quaggychildrenscentre.org.uk)



Part of the Greenwich  
Family Hubs Network



Find out more

[www.quaggydevelopmenttrust.org](http://www.quaggydevelopmenttrust.org)