

FREE ADVICE AND SUPPORT FOR FAMILIES

Do you have children? If the answer is yes, then you can get free independent advice on benefits, housing, childcare, immigration, disability support and employment.

You can access this support if your child is under 19, or up to 25 if your child has special educational needs or disabilities (SEND).

What can you get help with?

- Checking your benefit entitlement to help maximise your income
- Accessing emergency support if you are struggling to afford essentials
- Advice on childcare costs and reducing financial hardship
- Foodbank vouchers and support with utility arrears
- Specialist housing advice and support



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How can you access support?

You can visit one of our drop-in sessions at local Children's Centres and Family Hubs for advice and support. Check greenwichcab.org.uk and grhr.co.uk for future location updates.

Location	Drop-in day and time	Advice available
Waterways Children's Centre Southwood Road, Thamesmead SE28 8EZ	Monday 09:30am to 12:30pm	- Greenwich Housing Rights - Specialist housing advice - Welfare benefits advice linked to housing issues
Quaggy Children's Centre Orchard Hill Lewisham SE13 7QZ	Monday 9:30am to 12noon 1pm to 3pm (pre-booked appointments only)	- Citizens Advice Greenwich - Benefit entitlements - Emergency support for essentials - Foodbank vouchers - General advice
Brookhill Children's and Community Centre 42 Brumwell Avenue, Woolwich SE18 6BD	Wednesday 1pm to 4pm	- Citizens Advice Greenwich - Benefit entitlements - Emergency support for essentials - Foodbank vouchers - General advice
Storkways Children's Centre Ridgebrook Road, Kidbrooke SE3 9QX	Friday 9:30am to 12noon 1pm to 3pm (pre-booked appointments only)	- Citizens Advice Greenwich - Benefit entitlements - Emergency support for essentials - Foodbank vouchers - General advice

This support is provided through our Family Financial Resilience Partnership. Families can choose to register with a Children's Centre or Family Hub, free of charge.

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